



OPEN WATER SWIM PARTICIPATION AGREEMENT 2018

- I agree to strictly abide by the swimming times and location advertised on the Newcastle Tri Club web site and displayed on the notice at Astbury Mere.
- I will not enter the water until the session leader has indicated it is safe to do so.
- I shall exit the water at the end of the session when instructed to do so.
- I will enter and exit the water at the specified place(s) and stay within the designated swim route unless instructed by safety staff from Astbury Mere or Newcastle Tri Club.
- I will wear a wetsuit (unless advised by Newcastle Tri Club that it is not required.), a brightly coloured swim hat and goggles.
- I will sign the Newcastle Tri Club register before entering the water and will sign out after the session.
- I agree to provide emergency contact details and any relevant medical issues and understand that this information will be recorded for my safety.
- I will swim within my capability and respond immediately to any directions given by the safety officer/session coach and anyone providing safety cover, including any instruction to exit the water if required.
- In the event I get into difficulty I will **roll onto my back** and signal for rescue by waving one arm in the air.
- I will not deliberately obstruct or interfere with other swimmers.
- I will not dive into the water from any platform or boat.
- I will not swim if I am feeling unwell, or if I become unwell during a session I will immediately inform the safety staff.
- I agree to take full responsibility for my possessions whilst swimming
- I will attend the short safety briefing given by Newcastle Tri Club prior to a coached swim session.
- Junior swimmers (aged 7 to 17 years old) must undergo a briefing and swim assessment by one of the lead coaches and kayak safety crew on their first visit and/or be accompanied by an in-water adult if this is their first experience of organised open water swimming to assess swimming ability and understand the rules.
- Parental consent is mandatory.

Surname	
Forename	
Date of Birth	
Address	
Next of Kin (name & relationship)	
Next of Kin contact details (Mobile & Home Telephone)	
Any relevant conditions	
Current Medications	
Allergies	

Data Protection & Liability Waiver

- I understand that this paper form is required to plan the safest possible open water experience and that it is accessible to any safety staff from Newcastletri club and Peak Pursuits club. It may be used to contact me in the event of a change or cancellation but will not be shared with any other organisation or group. No modification will be made to the form without my permission and I may request to view it or ask for it to be deleted at any time if I cease to attend Open Water Swimming. The form will be renewed annually and previous forms kept for a maximum period of 3 years.
- I have read and agree to abide by the safety measures detailed in the Participant Swim Agreement 2018 and on any other Safety requirements issued on the day from authorised coaches.
- I am fully aware of the dangers of swimming in Open Water and am aware of the fitness levels required. I accept that Newcastletri club cannot be held responsible for any loss or injury howsoever caused. I swim at my own risk.

Signature (Parent/Guardian under 17yrs)	
Date	

